



Physical Education

At Wheatcroft we believe PE is of very high importance. Having a physically literate child means they have the ability to move with competence and confidence in a wide variety of activities in multiple environments. This physical literacy is even more important in the current climate of screens, gaming, social media and more recently, Covid-19. At Wheatcroft, we give our pupils 2 hours a week of high-quality Physical Education lessons. Our PE Curriculum is taught to not only develop your children physically, but also socially and emotionally. Healthy pupils will achieve more in school and we want to build the foundations of an active and healthy lifestyle early on. We want our pupils to be life-long lovers of physical activity, movement and sport. We give your children a broad, balanced and modern PE curriculum. We teach them life skills such as empathy, team work, resilience, cooperation, communication, problem solving, decision making, being gracious in defeat and humble in victory. We teach the importance of a physically and mentally healthy body. Wheatcroft have forged fantastic relationships with our community and we regularly take part in competitions. We have links with Watford FC, Foundation Sports, local secondary schools and Legends Tennis. This gives our pupils a next step if they wish to continue growing in their sport or whether they'd like to just continue the fun! Wheatcroft children are happy, active children. PE, physical activity and sport helps children to develop into well-rounded individuals who are eager to continue their love of activity as they progress through school and beyond.

We are proud of the hard work our pupils display in PE and school sport.

Intent

Physical Education at Wheatcroft gives all of our children the opportunity to learn the knowledge, skills and understanding of physical activities in games, swimming, dance, gymnastics, outdoor adventurous activities and athletic events. Children are also taught the importance of social and mental aspects of PE, working on the life skills they need in order to be happy and healthy members of our school community and progress onto secondary education with confidence. We encourage Wheatcroft pupils to be lifelong lovers of physical activity and give them the opportunity to take part in a variety of extra-curricular activities along with signposting them to community club links to continue their enjoyment outside the school environment.

Implementation

All pupils receive 2 hours of Physical Education every week. In Key Stage 1, our curriculum map includes games and multi skills activities, dance and gymnastics. In Key Stage 2 the curriculum map includes dance, games, gymnastics, swimming and water safety, athletics and outdoor and adventurous activities. (Upper Key Stage 2 also undertake a sports leadership course.) We use Complete PE for our planning, which ensures all the necessary skills are covered with planned progression. We also plan active learning activities in each curriculum area and classes have the opportunity to complete the Daily Mile. Our PE programme incorporates a wide range of activities to ensure all children foster a love of activity that will encourage the individual to be more confident and appreciate their own and others strengths and weaknesses.

Our aim is to give every student a broad and modern curriculum to spark enthusiasm for activity. We teach them the skills to be successful in a range of activities and provide opportunities to be competitive with themselves and others. As a healthy school we promote a wide range of activities for pupils of all ages. The school provides a range of physical activities throughout the school day. These encourage children to further develop their skills in a variety of activity areas. We have an extensive extra-curricular programme on offer. Activities include street dance, netball, football, gymnastics, tennis, cricket and athletics, as well as sports leaders leading activities at lunchtime. The school is part of the Hertford & Ware School Sports Partnership and we play regular fixtures against other local schools and participate in competitions and try out a wide range of new sports. The competitive activities introduce a competitive element to team games and allows the children to put into practice the skills that they have developed in their lessons. These opportunities foster a sense of team spirit and co-operation amongst our children. We take teams to festivals so they can play a number of matches.

Impact

PE is reported in the end of year report for every child. Pupils receive an effort and attainment grading in PE which takes into consideration lesson observations and lesson objectives met as well as attendance at extra-curricular clubs and taking part in competitive sport. PE is assessed using the National Curriculum framework. An extra-curricular register is kept outlining attendance at lunchtime and after school clubs as well as clubs run by external providers. It also records pupils attendance at intra, inter, festivals and tournaments and personal challenges. We would like to see more children taking part in sporting clubs and activities and we are continually looking for providers to increase our range of clubs. The increased uptake of these clubs will show the impact that our PE provision has had on children's love of physical activity and sport. Increasing the chances of them continuing this activity at secondary level and into adult life. Wheatcroft students are physically literate individuals with a love of activity.