



Wheatcroft Primary School



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Dear Parent/Carer

Please find with this letter an information sheet regarding the School Fruit and Vegetable Scheme. This scheme is provided through the health service and is available for all our children in **Nursery, Reception and Years 1 & 2.**

The scheme has been running for quite some time now and has been very successful in getting the children to try and eat more fruits and vegetables on a daily basis.

We have no direct control over which fruit is delivered although we will know in advance. The deliveries will be of one fruit and the quantity may provide for 1 or 2 days supply. All children in the years above are eligible and we will receive fruit or vegetables for each of them. The delivery system does not make a daily choice possible on the child's part, but the produce has been chosen for widespread appeal and its value as part of the 5 a day programme.

The kitchen assists us in the preparation of the produce and at present the children have this as a snack with their morning milk, not at lunchtime.

Your child may have preferences amongst the fruit on offer though we shall encourage them to try whatever is available. There is no compulsion for a child to take their portion. If you have any medical concerns over your child taking a particular piece of fruit or veg please let us know.

This programme is one that we believe will be of benefit to the children and as a school we welcome the provision of the fruit. There is however no funding for organising, preparing and delivering the fruit inside school, so we do need to keep the organisation as simple as possible.

I hope you will explain the benefits of the scheme to your child and encourage them to take the portion of fruit or veg on each available occasion.

Yours sincerely

Mrs D Miller
Headteacher