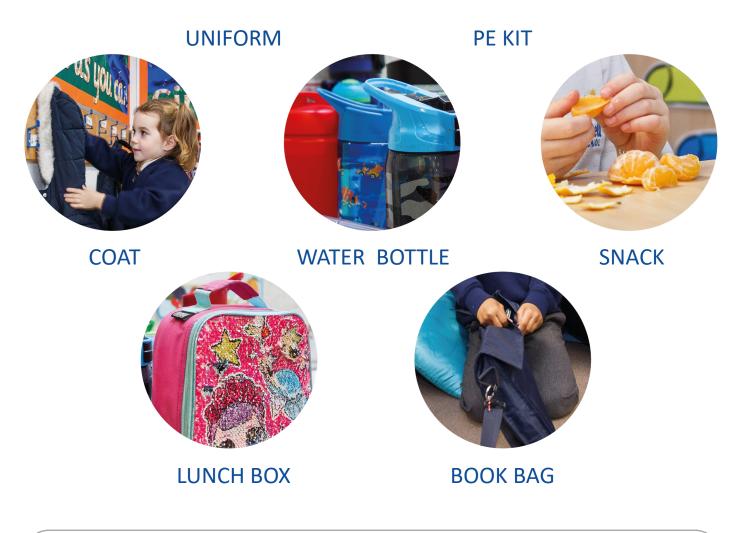
## **MY FIRST DAY OF SCHOOL**

READY FAMILIES

I start on:

I will need:



## **TOP TIPS FOR BEFORE I START**

Have a relaxing bath

Share a bedtime story Set the alarm clock Eat a healthy breakfast

Talk about school positively



