



PSHE

Intent

At Wheatcroft, our PSHE curriculum helps to prepare our children for the opportunities, responsibilities and experiences of adult life. Our curriculum provides our children with the knowledge, skills and attributes they need to keep themselves healthy and safe and prepare them for life and work in modern Britain. Our children will leave Wheatcroft with solid foundations for the next stage of their life journey as they continue to grow into strong, confident global citizens, aware of and understanding the wider world – and their place in it.

Implementation

We use the Jigsaw programme to deliver our PSHE curriculum including the statutory relationships and health education. PSHE lessons are delivered weekly to every year group with 6 puzzle pieces being taught:

Being Me in my World - Includes understanding my place in the class, school and global community as well as devising Learning Charters.

Celebrating differences - Includes anti-bullying (cyber and homophobic bullying included) and diversity work.

Dreams and Goals - Includes goal-setting, aspirations for yourself and the world and working together.

Healthy Me - Includes drugs and alcohol education, self-esteem and confidence as well as healthy lifestyle choices.

Relationships - Includes understanding friendship, family and other relationships, conflict resolution and communication skills.

Changing Me - This puzzle includes sex and relationships education in the context of coping positively with change. (age-appropriate sex education is taught)

Regular assemblies link to our PSHE provision, British Values and Social, Moral and Cultural Education that we promote throughout school. We plan for and encourage visitors to our school such as the Hertford Mayor, nursing teams, the police, fire service, air ambulance, library representatives etc... to talk with our children and encourage a sense of community.

Impact

Wheatcroft children are equipped with social and emotional skills in every lesson. They know that they are valued and can make worthwhile contributions within their classroom and beyond. Our children are confident to ask questions, be inquisitive and discuss issues that are important to them. The mindfulness approach increases the focus on support around mental health and well-being. Children develop skills that help promote their own mental health. Children have positive relationships with their peers, have respect for themselves and each other. They can show ways that they can look after their community and keep themselves healthy and safe. Wheatcroft children leave school equipped with a wide range of knowledge, skills and experiences to prepare them for secondary education and make valuable contributions to their wider community in the future.