



What we have been up to

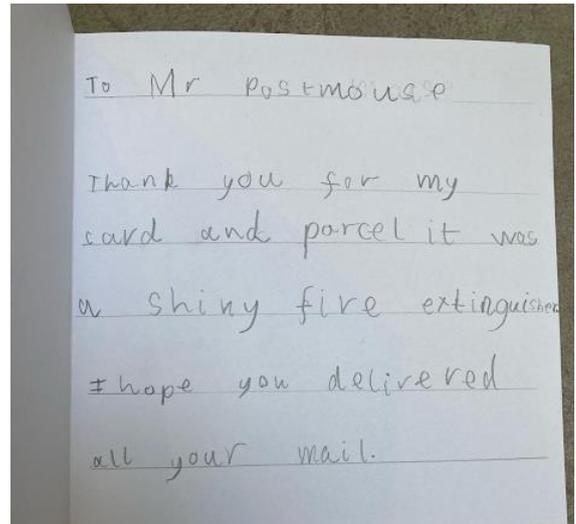
UKS2

In Science, we looked at the effect of exercise on pulse rate. We planned our own investigation with some of us choosing to see what different types of exercise did to our pulse and some of us tracked how exercise affected our pulse rate returning to normal. We then made graphs and drew conclusions to show what we had found. We were puffed out, both at home and at school!



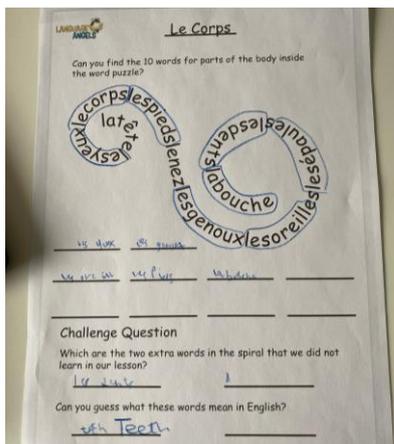
KS1

This week in Year 1, we have been reading 'Here Comes Mr Postmouse' by Marianne Dubuc. We wrote a thank you card to Mr Postmouse to say thank you for his hard work delivering all the post.



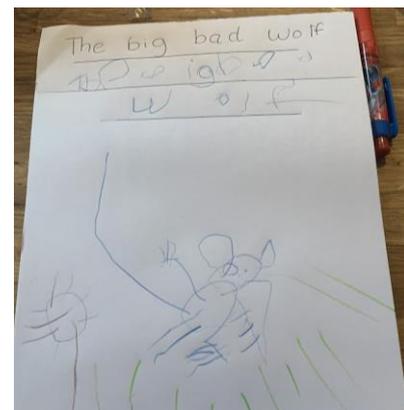
LKS2

In French this week, we have been looking at naming different body parts. We have also learnt the song, 'Heads, Shoulders, Knees and Toes' in French.



Foundation

In Reception, we have been reading Little Red Riding Hood. We have been looking at ways to describe the characters and putting simple sentences together. Who is your favourite character from traditional tales?



Pupil Voice

We asked Year 6 what they felt grateful for:

"I am grateful to have such caring friends and family." "I'm grateful for my family."
 "I am grateful to have access to a good school and school work." "I am grateful for my friends, my pets and my family :)"
 "I am grateful that I can go to school while my mum and dad are working this week."
 "I am grateful that we can go online and meet each other virtually."
 "I am grateful that my family and friends are well." "I am grateful that I have friends."



Word of the week

EYFS: phoneme Y1: courageous Y2: reflect Y3: astounding Y4: advantageous Y5: stark Y6: encapsulate

Mrs Miller's Message

I must start by saying a huge thank you and well done to our parent body for supporting our children through their home education. During a time where we all have our own challenging circumstances personally or through work, feel reassured that everything you are able to do to support your child's learning at home helps us to keep our children on track. It has been lovely hearing the excited voices of our children through their live class sessions this week; thank you for taking the time to share your appreciation of these. We know that this is a really important way of ensuring our children see their peers, however, can we please remind you to mute their microphones as they log in! Thank you & stay safe.

PE Activity

This week, how about giving this a try?

Avoid the Defenders!

Choose a start point and place another marker at the opposite end of the space.

- Layout objects; teddy bears, cones across the playing area. These are known as the defenders.
- Can you dribble using your feet, from the starting point, around the marker and back avoiding the defenders?
- If you dribble around the markers and back you score one point. If you hit a defender you lose one point.

Can you score 5 points?

Top Tips: Dribbling with your feet

Keep the ball close to you, use small touches. Try to use the inside and outside of your foot to keep control.

<https://www.youtube.com/channel/UCuLo1CLr8QsUvgYCypFMWgw/videos>

Weekly Wellbeing

Be Active

Could you set yourself an active challenge for the week?

You could see how many of a certain activity you can do in 60 seconds? How about:

- hopping on one leg, or
- running up and down your stairs, or
- doing star jumps?

You could practise it each day and see how much you have improved by the end of the week.



Explore Outside



Can you spot catkins on your walks this week? These are tiny groups of flowers that are wind pollinated. Look out for them on Alder, Hazel and Silver Birch trees.

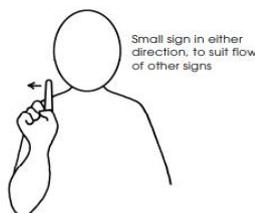
You could collect a couple from each tree and compare what is similar or different about them. Can you work out which type of tree they came from?

How about using them to create a picture?

Makaton Sign of the Week



And



Small sign in either direction, to suit flow of other signs

And

Message from Hertford Library

Libraries have been deemed to be an essential service by the Government, and Hertford Library is taking part in Ready Reads: a new way to borrow books from libraries during lockdown whilst still observing social distancing guidelines. Visit <https://www.hertfordshire.gov.uk/services/libraries-and-archives/other-library-services/ready-reads.aspx> to fill out the form and tell us the types of books, or favourite authors you'd like to receive, and we will make up a pack especially for you. This service is open to all family members, but you will need to be a member of the Library. You will receive email confirmation when your Ready Reads pack is ready to collect from the entrance to Hertford Library.